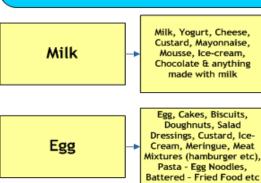


CFT International Pty Ltd Specialists in Food Safety Training



These foods could cause an allergic reaction - always check





Peanut, Peanut Oil,
Peanut Butter, Peanut
Flour, and look for traces
of peanut in food labels,
especially biscuits, etc



Tree Nut (Walnut, Cashew, etc)

Tree Nuts, Almonds, Brazil Nuts, Cashews, Chestnuts, Hazelnuts, Macadamia Nuts, Pecans, Pine Nuts, Pistachios, Walnuts, and look out for nougat, chocolate, cereals, etc



Fish

Deli Meats (bologna, ham), Dips, Fried Rice, Spring Rolls, Gelatin (marshmallows), Pizza Toppings, Salad Dressings, Spreads, Sushi, Hot Dogs, Rice Crackers, etc



Shellfish

Prawns, Lobster, Cray Fish, Oysters, Scallops, Morton Bay Bugs, Crabs, Crab Meat, Fried Rice, etc



Soy

Soy, Biscuits, Cake Mixes, Bean Sprouts, Potato Chips, Rice Crackers, Dressings, Sauces, Tofu, Spreads, Imitation Milk, Marinades, Processed Meats, Spices, etc



Wheat

Flour, Bread, Beer, Broth (canned & cubed), Cakes, Biscuits, Ice-Cream, Binders & Fillers (hot dogs, deli meats), Pie Fillings, Puddings, etc



Sesame Seeds

Sesame Seeds, Oil, Bread Crumbs, Crackers, Cereal, Flavourings (rice, noodles, stir fry), Margarine, Seasonings, Pretzels, Rice Cakes, Bagels, Sesame Bars, etc

